



School Food Policy

1.0 Aim

To ensure that Walnut Tree Walk pupils are well nourished in school and food provision reflects Government led standards.

2.0 Objectives

Pupils have the confidence, skills and understanding to make healthy food choices. Healthy and nutritious food and drink is available across the school day.

1. To recognize and acknowledge the important connection between a healthy, balanced diet and a student's ability to learn effectively and achieve high standards in school.
2. To ensure that pupils are well nourished at school, and that every pupil has access to safe, tasty, and nutritious food, and a safe, easily available water supply during the school day.
3. To ensure that all members of the school community are able to make informed choices about the importance of food and its production.
4. To promote the school's role, as part of the larger community, to promote family health, and sustainable food and farming practices.
5. To ensure that all menus served in school meet statutory Government nutritional guidelines

3.0 Strategies to Achieve Objectives - Healthy Eating in School.

3.1 Food provided during the school day (Breakfast, mid morning snack and lunch).

- Settings which provide breakfast, snacks and lunch will offer a menu which meets the Education Regulations (Nutritional Standards Requirement for school food) (England) 2007.
- We have introduced a 'Packed Lunch Policy' in order to ensure that lunches brought in from home also meet the Food Standards Agency Guidelines for a Healthy Packed Lunch and School Food Trust Guidelines.
- We do not allow packed lunches to be heated in school on grounds of health and safety.

3.2 Water Consumption

- Plentiful drinking of water by Walnut Tree Walk Primary has been recognized in improving behaviour and concentration. Water cooler machines are on each floor

and children each have their own water bottle in class that they have access to at all times and can re-fill when needed.

3.3 Rewards

- The Walnut Tree Walk recognises that pupil achievement(s) should be celebrated and rewarded when appropriate, and that food may play a role in such celebration. Any food given will meet the Government Regulations for School Food. Other forms of reward will also be actively promoted e.g. book tokens, trips, special lunchtime events.

3.4 The Dining Environment

- Walnut Tree Walk Primary is committed to providing a welcoming eating environment that encourages positive social interaction. We encourage children to interact and socialize whilst eating, and many of the staff eat their lunch with the children too.

3.5 Food in the curriculum

- Schemes of work will reflect the whole-school emphasis on Every Child Matters outcomes, including healthy eating - particular reference will be made in Citizenship, Science and PE.
- All pupils will be given the opportunity to take part in a structured programme that promotes healthy eating. This forms part of the PSHE and Design Technology curriculum.

3.6 Pupil Consultation

- Young people will be given regular opportunity to be consulted appropriately about their food choices – including school meals and food and drink other than lunch.
- The School Council regularly seek the views of their peers and feed this back in meetings. This included meeting termly with the manager of the school's catering company.

3.7 Partnership with parents and carers and pupils

- The partnership of home and school is critical in shaping how children and young people behave, particularly where health is concerned. Each must reinforce the other. This is not always easy but our school is well placed to lead by example.
- Parents and carers and pupils must be regularly updated on food policies, through letters home, the school website etc.

4.0 Monitoring and Evaluation

- This policy will be monitored and evaluated by the Senior Leadership Team.

Date written: April 2018

Review date: April 2020