



PE Policy January 2018

Introduction

At Walnut Tree Walk Primary School we are committed to providing all children with learning opportunities to engage in Physical Education. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Children should learn the values of fairness and respect throughout the sports and activities taught.

Aims

- Develop knowledge and skills across a range of sporting activities.
- Children engage in moderate to intense physical activity over sustained periods of time.
- Participate in competitive sports and activities
- Lead healthy and active lives, picking up good habits for their future lives.
- To compete in games and activities in a collaborative team.
- To develop staff competence and confidence in the delivery of the PE curriculum.
- To promote safe practice in all activities.
- To use sport to build pupils' self-confidence and self-esteem.
- To encourage involvement in extra-curricular sporting activities and develop community and club links
- Participate in competitive sports against other school clubs.

Curriculum Provision

The PE programme is taught by specialist sports coaches and occasionally the class teachers, with the exception of swimming and dance. Swimming is taught by specialised swimming instructors across both key stages at the Castle Leisure Centre in Elephant and Castle.

The school follows the PE Schemes of Work devised by SG Sports. The schemes are in accordance with the new National Curriculum guidelines. Lessons are blocked in units of work to promote greater depth of understanding, developing skills, contextual application of these skills and the ability to perform reflectively. Physical development within the EYFS framework is one of three prime areas for learning. Children access a range of daily activities to develop their fine and gross motor skills and have unlimited access to a dedicated outside area. In addition to this, they also have a weekly outdoor/indoor PE lesson.

Each child will receive the following active PE time per week:

Foundation Stage: a 45 mins lesson from the sports coach, as well as active play activities throughout the day in and out of class.

Year 1: 2 PE lessons from a sports coach (2 x 1 hour sessions)

Year 2: 1 PE lesson (1 hour) and 1 swimming session per week for half the year or an additional lesson from the sports coach for the other half of the year.

Years 3, 4, 5 and 6: 1 PE lesson from a sports coach (1 hour) and 1 dance lesson (1 hour) or a swimming session.

Lunchtime Activities

A qualified sports coach is employed to provide sports provision during lunchtime, allowing children to enjoy a variety of sports and games. Lunchtime supervisors have also received training in how to make the playground an active environment.

SMSC

PE offers many opportunities that support the social development of our children. Groupings allow children to work together and give them the chance to develop respect for the abilities of other children through collaborative and co-operative work, while gaining a better understanding of themselves.

Inclusion

Class teachers will ensure that spare PE kit is available for any occasional circumstances where a child does not have their own in school. No pupils will be excluded from any physical education programme unless advised by a medical professional. Lessons will provide good quality experiences that are suitably challenging for all pupils. Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities. For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of pupils.

Health & Safety

All staff have due regard for health and safety during any sports session, including:

- Pupils are taught how to improve their own abilities to assess risks.
- Risk assessments are completed for indoor and outdoor P.E lessons and are reviewed and updated following any Health and safety issues related to P.E. lessons.
- First aid equipment is available, and staff are trained in what action to take, including calling for assistance in the event of an accident.
- Inhalers for pupils suffering from asthma are made readily accessible.
- Regular checks are made on all equipment. This includes annual Health and Safety checks of all fixed items of equipment, fortnightly internal Health and Safety

checks conducted by the Headteacher, School Business Manager or Chair of Governors with the Premises Officer

- The sports coach or teacher will check all equipment before a session.
- Any items constituting a danger are taken out of use immediately.
- Pupils are taught how to move and use apparatus safely under the supervision of a teacher or responsible adult. Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting Hockey stick above the waist, not jumping or running in front of others, etc.).
- Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery and other body piercings. The school has a PE uniform in place.
- Teachers ensure that no jewellery is worn in lessons and long hair should be tied back.
- See Health and Safety policy for further details.

Extra-Curricular Provision

Break times / lunch times

We have markings to the playground in order to stimulate children at playtimes. Children are entitled to choose their own playground equipment to play with at lunchtimes. The children are responsible for monitoring their equipment (stored in an outdoor shed) and handing equipment out to their friends. Equipment is reviewed and renewed by the sports coach.

After school clubs

We aim to encourage pupils to take part in a range clubs, and involve them in deciding the clubs we put on offer. Registers of clubs are kept to identify those who take part. A range of clubs are on offer including football and hockey.

Competition

Pupils take place in a range of inter-school competitions organised through the SG Sports and the Oval cluster.

School trips

The school offers a number of outdoor education experiences throughout the year. These include a residential trip for Year 6 and other trips to local outdoor spaces where children are encouraged to explore their natural surroundings.

Policy adopted by Governors: 25th January 2018

Date to be reviewed: January 2020